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INSERTS IN MIDDLE OF NEWSLETTER:

Course Summary – Term 4 2012
 Notice of AGM and Agenda
 Nomination form for committee
 Course Booking Form – Term 4 2012

AGM, Elections and Office Bearers

The AGM will be held on Oct 18th. An important part of the business at the meeting is the election of Office Bearers and the Management Committee. The Management Committee shall consist of Office bearers President, Vice President, Secretary and Treasurer plus 6 ordinary members. There are other Officers and functions required by the organisation, such as Course Coordinator, Membership Secretary, Webmaster, Publicity Officer, Newsletter Publisher, Office Manager, Premises Manager, Welfare Officer, Laurieton Coordinator and Wauchope Coordinator. These positions are appointed by the Management Committee, often from the elected ordinary members. If the person appointed is not a member of the

Committee then the Appointee may be invited to attend committee meetings and to give reports but without voting rights. All of these positions are vital to the operation of the organisation.

Many of these positions will have sub committees and volunteers to assist them, eg office volunteers and a membership committee. The Management Committee is always seeking volunteers, not only as Convenors of courses, but also to assist in the day-to-day running of the organisation. The Laurieton courses and membership especially are becoming so large that some volunteer assistance is urgently needed. If you would like to help in any way, please talk to a committee member or leave your name at the office.

— Des Davis ■

OFFICE HOURS

ENROLMENT OPEN HOURS

**Wednesday 3 October to
 Friday 5 October 2012
 from 9.30am – 4.00pm**

Payment of membership fees & Enrolments for courses will be taken.

NORMAL OPEN HOURS

**8 October – 7 December 2012
 from 9.30am – 12.00 noon**

Phone: 6584-3676

Office Location:

Maritime Museum Cottage
 Corner William St & Pacific Drive
 Port Macquarie

Web site: www.pmhu3a.org.au

REMEMBER

The price for a cuppa and biscuit went up to \$1.00 earlier this year. Please place your \$1.00 in the tin provided. Thank you.

TERM 4: Course Enrolment Information

Laurieton Enrolment

Laurieton United Services Club (LUSC)
 Tuesday October 2nd from 10.30 am – 12 noon

Wauchope Enrolment

Wauchope Library Meeting Room
 Tuesday October 2nd from 12.00 – 1.00 pm

Port Macquarie Enrolment

The Office at the Maritime Museum will be open from 9.30 am until 4.00 pm for three days only:
 Wednesday 3rd October, Thursday October 4th & Friday October 5th 2012

NORMAL OFFICE HOURS WILL RESUME

8th October from 9.30 a.m – 12 noon
 Monday to Friday

NEW MEMBERS ONLY may join U3A for 4th Term for the fee of \$9.00

THANK YOU to members for wearing your name badge when you come to enrol. Please bring the enclosed Course Booking Form with you, already filled out, as this saves a huge amount of time for the volunteer staff and allows your requests to be processed much more quickly.

REMINDER: Payments at the office can only be made by Cash or Cheque – we do not have credit card facilities.

If you wish to **BOOK COURSES ON LINE**, you can do so and your place will be reserved but only for 5 days, until we receive **PAYMENT**, after which we reserve the right to cancel the reservation. On line bookings will be available from 8 am on Wednesday 3rd October, 2012.

Looking forward to seeing you at any of the sites – Term 4 will be great.

— Jenny Tucker, Office Administrator

PORT MACQUARIE HASTINGS U3A COURSES – Term 4 2012

ENROLMENTS

- **PORT MACQUARIE OFFICE: 9.30AM – 4.00PM 3 – 5 OCTOBER 2012**
(NOTE: EXTENDED OFFICE HOURS Wednesday October 3 – Friday October 5 **ONLY**)
- **WAUCHOPE: 12.00 – 1.00 PM, TUESDAY 2 OCTOBER, WAUCHOPE LIBRARY MEETING ROOM**
- **LAURIETON: 10.30 – 12.00 NOON, TUESDAY 2 OCTOBER, LUSC (UNITED SERVICES CLUB)**

COURSE FEES: The course fees shown here are for members of PMHU3A. Watonga members, please see page 7 of this newsletter.

PLEASE NOTE: Port Macquarie courses are shown in black text; **Wauchope courses in red; Laurieton courses in blue.**

GENERAL DISCLAIMER: Most activities involve some element of risk. Bushwalking and cycling, in particular, are inherently dangerous activities and require an appropriate level of fitness. While U3A maintains public liability insurance and will endeavour to protect your safety, it cannot remove all the dangers. It assumes that participants, by booking, consider themselves to have appropriate levels of fitness and mobility. Those undertaking activities should therefore be aware that they participate at their own risk.

MONDAY COURSES

Development & Culture: 8 wks \$16 **Indonesia**

Class limit: Minimum 15, Maximum 30

Commencing : Monday October 15

Time : 9.30 – 11.30 am

Venue : Maritime Museum Cottage, PM

Convenor : Brian Tolagson 6583 4384

Be baffled by Bali, astounded by Sumatra and awestruck by Ambon with this informative and thoroughly researched course on the development and culture of the next emerging regional powerhouse – Indonesia.

Australian History 8 wks \$16

Class limit: 40

Commencing : Monday October 15

Time : 10.00 – 12.00 noon

Venue : Baptist Church Outer Hall, PM

Convenor : Colin Creek 6584 6535

Didn't do Australian History at school? Or forgotten all about it? Come along each Monday to find out what happened on this date in past years, plus a major topic of the group's choice. (Best morning tea in U3A guaranteed!)

Folk Dances – Beginners 8 wks \$16

Class limit: 30

Commencing : Monday October 15

Time : 9.30 – 11.30 am

Venue : 16 Kingfisher Road, Port Macquarie

Convenor : Christine Battisson 6581 5760

Come and experience a smorgasbord of fascinating music and rhythms from around the world in a relaxed atmosphere. No partner necessary. Please bring a pair of jiffies or similar soft shoe without a black sole for dancing.

French 8 wks \$16

Continuing students only – no waiting list

Class limit: Minimum 10, Maximum 12

Commencing : Monday October 15

Time : 10.00 – 11.30 am

Venue : Port Macquarie Library Meeting Room

Convenor : Celine Bird 6582 6822

Elementary Grammar and Conversation.

Skype, Facebook and Twitter 3 wks \$6

Group limit minimum 6

Commencing : Monday October 15, 22, 29

Time : 9.00 – 11.00 am

Venue : Masonic Hall, Laurieton

Convenor : Ray Post 6559 5875

Your children and grandchildren are talking about it, but what are Skype, Facebook and Twitter? How to install a webcam, how do you download, open and use Skype. What is Facebook and what is Twitter? What are the benefits and what are the downsides? Questions will be answered. If you have a laptop, please bring it to the course.

Italian language 8 wks \$16

Continuing students, names taken

Commencing : Monday October 15

Time : 10.00 – 12.00 noon

Venue : Library, Laurieton

Convenor : Marie Addario 6559 6289

This course would suit those who have a little knowledge of the Italian language and would like to practice conversation skills and basic grammar to improve understanding, speaking and reading.

Book Club 2 sessions \$4

Class limit 10

Dates : 2nd Monday of the month

Time : 10.00 – 12.00 noon

Venue : 3 Wattle Close, Laurieton

Convenor : Pat Trood 6559 6442

Book Club is a casual friendly group who meet to discuss a common novel once a month. We access the books and questions through the local library

Vox Choir – PMHU3A Voices 8 wks \$16 **with Robyn Ryan**

Class limit: unlimited

Commencing : Monday October 15

Time : 12.30 – 1.30 pm

Venue : Lourdes Village, John Worner Centre

Convenor : Faye Davis 6583 9105

Everyone welcome: No auditions.

Vox continues with fun, camaraderie, song and the occasional public performance. Note:

There will be an additional fee for expenses for this course of \$25 per person.

German Conversation 8 wks \$16

Class limit: Minimum 4, Maximum 10

Commencing : Monday October 15

Time : 2.00 – 4.00 pm

Venue : Baptist Church Outer Hall, PM

Convenor : Mike Pepperday 0431 606 380

This informal group is intended for those who have enough grasp of German to contribute to a normal conversation on any topic.

Cryptic Crosswords Groups 8 wks \$16 *(Beginners and Advanced)*

Class limit: Minimum 5, Maximum 12

Commences : Monday October 15

Time : 2.00 – 4.00 pm

Venue : Maritime Museum Cottage, PM

Convenor : Dick Engel 6583 6663

Both groups will meet at the same time and place. When enrolling, please specify which group you will join. Small fee for copying.

Learning Circle 8 wks \$16

Class limit 15

Commencing : Monday October 15

Time : 2.00 – 4.00 pm

Venue : Masonic Hall, Whiddon Group Retirement Village. Entrance via Tunis Street, Laurieton.

Convenor : Jude Roberts 6556 7668

Where everyone has the opportunity to express their opinion, discuss current affairs, relate their own experiences and consequently learn about a wide range of topics determined by the group itself.

A small amount of research is encouraged to create discussion points, knowledge and interest.

TUESDAY COURSES

Current Affairs Discussion Group 8 wks \$16

Continuing group members only

Class limit: 13

Commencing : Tuesday October 16

PORT MACQUARIE HASTINGS U3A COURSES – Term 4 2012 *(continued)*

of Ukulele, or anyone who is more skilled and willing to help us progress as a group. Our main aim is to have fun and enjoy ourselves.

German Language 8 wks \$16

Class limit 10

Commencing : Wednesday October 17

Time : 10.00 – 12.00 noon

Venue : Library, Laurieton

Convenor : Karin Dienemann 6559 5977

Basic knowledge of the German language is required.

Energy Therapies 1 wk \$2

Class Limit: Minimum 5, Maximum 35

Date : Wednesday October 17

Time : 2.00 – 4.00 pm

Venue : Maritime Museum Cottage PM

Convenors : Sue Jones and Sue Pattinson
6581 1587

Energy therapies is a broad term that describes the basic ingredient that is common to all Complimentary Therapies. From Aromatherapy to Bowen to Reiki to Yoga to Meditation, the aim is to harmonise the energy flowing within and around the body so that it can function optimally. Come and learn more about your energy field and how you can maintain balance with a few simple techniques.

Greeting Cards on Your Computer 2 wks \$4

Class limit: Minimum 4, Maximum 6

Dates : Wednesday October 24, 31

Time : 2.00 – 4.00 pm

Venue : Maritime Museum Cottage, PM

Convenor : Sue Whitby 04099 55920

How to create a greeting card for that special person or special event using MS Word on your computer ... it is fun and enjoyable.

Shakespeare in Performance 8 wks \$16

Class limit: 35

Commencing : Wednesday October 17

Time : 2.00 – 4.00 pm

Venue : Baptist Church Outer Hall, PM

Convenors : Des & Faye Davis 6583 9105

The emphasis is on performance – onstage, TV or Film. Topics: The beginner: Two Gentlemen of Verona, Comedy of Errors; Wars of the Roses: Henry VI Parts 1 – 3; Young Love: Romeo and Juliet; Mature Love: Antony and Cleopatra; Shakespeare in Greece: Pericles, Timon of Athens; Falstaff Revisited: Henry IV, Merry Wives of Windsor; Shakespeare in Horror: Titus Andronicus; Our Revels Now Are Ended: The Tempest. Additional topics will include: Some Sonnets, Shakespeare in Australia, Shakespeare's Theatre.

U3A Diners' Group 2 wks \$4

Group limit: 10

Dates: Last Wednesday (Oct 31 & Nov 28)

The U3A Diners Group invites you to join us for an evening meal at Port Macquarie restaurants. We meet at 6.45pm on the last Wednesday of the month at an appointed restaurant.

Inquiries: Marguerite O'Connor 6581 2614

Don't be late for Dinner 2 wks \$4

Group limit: 12

Dates: 2nd Wednesday (Nov 24 & Dec 12)

This is an uplifting and stimulating group. Join us for dinner at various Port Macquarie restaurants. We meet once a month at 6.30pm on the second Wednesday of the month at the chosen restaurant.

Inquiries: Patricia White 6581 1816

Scrabble at Laurieton 8 wks \$16

Class limit 16

Commencing : Wednesday October 17

Time : 2.00 – 4.00 pm

Venue : LUSC, Laurieton

Convenor : Joan Pickard 6559 9681

Please, bring your own board with you. The first meeting we will establish the rules.

THURSDAY COURSES

Cycle the Hastings 8 wks \$16

Class limit: 15

Commencing : Thursday October 18

Time : Meet at 8.15 am (departure at 8.30)

Venue : First ride meets at Port Macquarie

racecourse carpark, Oxley Highway

Convenor : Colin Imer 6581 2610,
0428 276 500

Join like-minded people on a series of rides around Port Macquarie, Wauchope and Camden Haven. Get out your helmet, cycle, riding gear and experience some great rides.

NOTE: This course is NOT for beginners and enrolment is NOT available on line. (Conditions apply)

Tai Chi with Connie 8 wks \$16

Class limit: Minimum 10, Maximum 30

Commencing : Thursday October 18

Time : 9.30 – 11.00 am

Venue : Senior Citizens Centre Auditorium

Munster Street, Port Macquarie

Convenors : Connie, Warren and John
0408 853509

Tai Chi. For relaxation, breathing and balance. Beginners welcome.

French for Travellers – Beginners 8 wks \$16

Class limit: 12

Commencing : Thursday October 18

Time : 10.00 – 12 noon

Venue : Port Macquarie Library Meeting Rm
(except Nov 1, venue to be decided)

Convenor : Sue Moll 6582 2785

This is a continuing course of very basic French for travellers. Any newcomer to the course MUST contact Sue prior to enrolment. It is not suitable for anyone who has never previously studied French at school.

French for Travellers – Intermediate 8 wks \$16

Class limit: Minimum 5, Maximum 20

Commencing : Thursday October 18

Time : 10.00 – 12.00 noon

Venue : Maritime Museum Cottage, PM

Convenor : Lyn Brown 6583 8202

The emphasis will be on French conversation – practising situations tourists may encounter in a French-speaking country. Grammar will be explained, but not in depth. It will be a fun course, suitable for people who already have a basic knowledge of the language. Participants are required to purchase a text costing \$32.

Scrabble at Port 8 wks \$16

Class limit: Minimum 6, Maximum 20

Commencing : Thursday October 18

Time : 9.30 – 12 noon

Venue : Baptist Church Outer Hall, PM

Convenor : Audrey Edwards 6582 0413

For anyone who would like to play, or learn to play, scrabble, in a friendly atmosphere. Please bring your own board.

Scrabble at Wauchope 8 wks \$16

Class Limit: Minimum 6, Maximum 16

Commencing : Thursday October 18

Time : 10.00 – 12 noon

Venue : Wauchope Country Club, Verandah Rm

Convenor : Poppy Bernhard 6586 4086

A friendly scrabble group where you can exercise the grey matter while having fun. No penalties for slow thinking!

Morning Tea at Laurieton 1 wk \$0

Date : Thursday November 8

Time : 10.15 am

Venue : at the rear of the LUSC

Convenor : Leona Marshall 6559 6045

An opportunity to meet and get to know each other, ask questions, requests, have your say, give input and learn more about your U3A. No bookings, just turn up!

Mah Jong 8 wks \$16

Class limit 16

Commencing : Thursday October 18

Time : 2.00 – 4.00 pm

Venue : LUSC, Laurieton

Convenor : Justyne Phillips 6556 9731

We will repeat the basics of Mah Jong and play special hands. The book *'The Game of Mah Jong illustrated'* by Patricia A. Thompson & Betty Maloney will be the base of the rules, counting and special hands. Please, bring your own game of Mah Jong with you.

Tai Chi with Alison 3 wks \$6

Class limit 15

Commencing : Thursday October 18

Time : 11.30 – 12.30 am

Venue : at the rear of the LUSC

Convenor : Alison Dhu 0431682357

Tai Chi originates from China and is now

PORT MACQUARIE HASTINGS U3A COURSES – Term 4 2012 *(continued)*

practiced throughout the world as an effective exercise for good health. Tai Chi consists of gentle relaxed movements in slow tempo. Breathing is deepened and slow. Tai Chi improves flexibility, muscle strength, balance and relaxation, increases heart/lung activity, improves posture and integrates body and mind.

Sudoku 1 wk \$2

Group limit: 8

Commencing : Thursday October 18

Time : 10.00 – 12 noon

Venue : Library, Laurieton

Convenor : Ida Bruno 6559 6656

Sudoku for beginners. How to approach a Sudoku; where do you start and how do you continue?

Destinations 8 wks \$16

Class limit: 30

Commencing : Thursday October 25

Time : 2.00 – 4.00 pm

Venue : Maritime Museum Cottage PM

Convenor : Warren Scott 6584 7080

Travel is to open another world. Destination is the experience. Join us for this journey. Your story – our story.

Indigenous Issues: Past & Present 8 wks \$16

Class limit: 35

Commencing : Thursday October 25

Time : 2.00 – 4.00 pm

Venue : Baptist Church Outer Hall, PM

Convenor : John Brownsberger 6583 9336

Indigenous history has been written by non-indigenous historians. This course traces the issues which affect Aboriginal Australians and tries to identify the myths of Aboriginal issues.

Line dancing for exercise and fun 8 wks \$16

Class limit 20

Commencing : Thursday October 18

Time : 2.00 - 4.00 pm

Venue : Catholic Church Hall, Laurieton

Convenor : Thora Jennings 6583 4952 or 0423 955 811

If you like music and have rhythm; if you want to keep yourself active, want to learn some easy line-dancing steps and enjoy and have fun...then come to line-dancing for exercise and fun.

Folk Dances – Intermediate 8 wks \$16

Class limit: 30

Commencing : Thursday October 18

Time : 4.00 – 6.00 pm

Venue : 16 Kingfisher Road, Port Macquarie
Convenor : Christine Battison 6581 5760

Come and experience a smorgasbord of fascinating music and rhythms from around the world in a relaxed atmosphere. No partner necessary. Please bring a pair of jiffies or similar soft shoe without a black sole for dancing.

FRIDAY COURSES

Behind the Headlines 8 wks \$16

Class limit: 40

Commencing : Friday October 19

Time : 9.00 – 11.00 am

Venue : Port City Bowling Club, PM

(except for December 7 when venue will be the Maritime Museum Cottage)

Convenor : Frank Jennings 6584 5425

Join our group of friendly people and get more background to help you consider and understand current political, economic and social issues and how the media treats them.

Art Masters 8 wks \$16

Class limit: 30

Commencing : Friday October 19

Time : 10.00 – 12 noon

Venue : Baptist Church Outer Hall, PM

Convenor : Frank Urban 6584 6693

With the aid of Powerpoint illustrations, Frank and co-presenters will provide a Feast for the Eyes discussing: American Art History; Renaissance and Impressionist art at the National Gallery USA and Met NY; Australian Art from Wanjinjas to the Archibalds; Art in Germany; Women Artists. Discussion by participants welcomed.

Australian History 8 wks \$16

Commencing : Friday October 19

Time : 10.00 – 12.00 noon

Venue : Baptist Church Chapel, PM

Convenor : Neil Buxton 6582 2557

With the period of early development over, the convenor will cover the "Drive to Maturity" from Macquarie to the 1850s in the first part of each weekly session. This is followed by a short paper delivered by a member of the group on a voluntary basis, drawn from any part of our history.

Thinking of Cruising? 4 wks \$8

Class limit: 35

Dates : Friday Oct 19, 26, Nov 2, 9

Time : 10.00 – 12 noon

Venue : Maritime Museum Cottage, PM

Convenor : Ian Denton 0450 521533

Wk 1: Think some more!; Wk 2: Alaska?

Wk 3: Spain, South of France & Italy

Wk 4: Malta, Greece, Dalmation Coast & Turkey

Not all cruise choices are the same and unfortunately brochures don't 'tell all'. Come and hear 'the inside story' from someone with 'on-the-job' experience.

Insight 8 wks \$16

Class limit: Minimum 6, Maximum 12

Commencing : Friday October 19,

then Nov 2 – Dec 14

(NOTE: venue not available on Oct 26)

Time : 9.30 – 11.30 am

Venue : Wauchope, Library meeting room

Convenor : Brian Tolagson 6583 4384

Discussion group for informed people focussing on one issue per week starting with "Parenting in Australia".

Lawn Bowls 6 wks \$12

Class limit: Minimum 3, Maximum 8

Commencing : Friday November 2

Time : 9.00 – 11.00 am

Venue : Kew Bowling Club

Convenor : Chrystine Bouffler

An extra green fee of \$2.00 per week is required; to be paid to the bowling club.

Lunch Bunch monthly \$4

Class limit 15

Commencing : 1st Friday (Nov 2 & Dec 7)

Time : 12 noon

Venue : Camden Haven Area

Convenor: Maggie Adkins 6559 4564

Join us once a month for a delightful lunch in various local restaurants. First Friday of the month at noon.

The Secret 8 wks \$16

Class limit: Minimum 6, Maximum 10

Commencing : Friday October 19

Time : 2.00 – 4.00 pm

Venue : Maritime Museum Cottage, PM

Convenor : Joanne Houston 6559 4803

Rhonda Byrnes' book, *The Secret*, presents selections from inspirational writers about topics like Health, Relationships, Money, etc in terms of the Law of Attraction and taking personal responsibility for our lives. For each session we'll choose a topic and some paragraph which may apply to our own experience. Please obtain the book a.s.a.p. For session one, bring cardboard, some pictorial magazines, scissors and sticky tape.

Personal Development – Gestalt Psychotherapy 8 wks \$16

Class limit: Minimum 8, Maximum 20

Commencing : Friday October 19

Time : 2.00 – 4.00 pm

Venue : Baptist Church Outer Hall, PM

Convenor : Eleanor Pinkerton 6582 7881

Gestalt Psychotherapy is a unique way of focussing on the present rather than on childhood issues. This introductory course involves some active participation.

Laurieton Choir: Laurieton Voices 8 wks \$16

Class limit: unlimited

Commencing : Friday October 19

Time : 2.00 – 4.00 pm

Venue : School of Arts, Laurieton

Convenor : Sue Bartholomew 6559 6129

Beware, I am about to use F words!!! Come and join the newly formed U3A choir where we sing for FUN, FRIENDSHIP and FITNESS. No auditions. No need to read music.

\$16 a term [includes holidays] plus \$5 a week to cover the cost of conductor and pianist.

Next concert: Friday November 30 at 2 pm in the School of Arts in Laurieton, Friday pm.

Extraordinary discussion group

Many U3A members have asked what is extraordinary about this new group which was only formed in Term 3 this year.

Our group realise that we can learn from each other even though, our points of view may differ. However, this wonderful educational opportunity could be lost if members felt inhibited in expressing their thoughts and ideas

Therefore unlike some political members in our parliaments, our members are prepared to listen and discuss a diverse range of subjects, opinions and concepts in an open and congenial environment.

Topics discussed last term included:

Is compulsory voting democratic?

Multiculturalism.

Foreign ownership of land.

Transparency in government and use of public monies

Diversity between Sunni and Shi'a Muslims.

If these types of topics appeal to you then consider joining us in term 4.

— *John Jones* ■

Course sharing arrangements

between PMH & Watonga U3As

Arrangements set up with Port Macquarie Watonga U3A for exchange of courses for members will continue. Please consult the PMHU3A office, the PMHU3A Term 3 newsletter or Watonga U3A office for complete details. ■

U3A Membership Forms for 2013

NOTE: A Mid-Term 4 newsletter will be sent out in November with your pre-printed, personalised 2013 Membership form. ■

Your hard working committee in action

I have mentioned DonorTec in an earlier newsletter. This organisation supplies computer hardware and software donated to voluntary organisations by the IT industry. Our latest acquisition is six 'flipvideo' high definition video recorders, donated by Cisco.

As you can see if you click the image on the PMHU3A website, I am no cameraman or movie director...any more than my committee colleagues are great choristers! But you can see that the quality of the recording is pretty good for our purposes.



Des Davis, Sue Moll, Kevin Pike

The cameras can be used to record events for PMHU3A. Things like visits or special presentations that can then be viewed in class or on our website.

One other potential use for the cameras is for a class on video recording and editing. Is there anyone out there who would be interested in leading one? If so, contact Maggie Wilson or Eric Graham and advertise your capabilities.

The cameras will be available to convenors for loan during term 4.

— *Nick the Webmaster* ■



U3A Bus Trip – August 28th 2012

Enjoying Morning Tea at Wingham Brush



Meg Steer, Jeanette Favaloro, Judith Wallis



Marie Thompson, Maggie Smythe, Beryl Klump



Jan Warrington, Colin Elwood, Lorraine Robins



Lorraine Beukers and Bob English



Von Mostron, Audrey Edwards

REMINDER TO ALL MEMBERS:

Especially for those who are in a small class/group, if you can't attend at any time, please let your convenor know.

Laurieton U3A Book Group visit to Port Macquarie Historical Museum



Lil Andrews (museum guide), Frank Gill, Connie Jones, Pat Trood (Book Group convenor), Judy Taylor and Iris Aldridge

U3A Committee Retreat – 4 August 2012

Clockwise from right: Jenny Tucker and Nick Ogbourne; Kevin Pike and Eric Graham; Frank Jennings and Ida Bruno.



If undeliverable, return to:

Port Macquarie Hastings U3A Inc
PO Box 1210
Port Macquarie NSW 2444

PMHU3A Newsletter

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NAME BADGES – ALWAYS wear your name badge when attending classes and U3A activities. Write your emergency contact details on the back of your badge.

CHANGE OF ADDRESS OR EMAIL – Please inform the Office on 6584 3676 or the membership team via email on office@pmhu3a.org.au if you move house or change your email address.

NEWSLETTER contributions welcome – We reserve the right to edit material submitted for publication. Copyright of original material remains with the author.

PHOTOGRAPHS AND PRIVACY – If you have an objection to having your photograph or name

in the on-line gallery or in our Newsletter, please write to the Secretary and make this fact known. We will always respect your privacy but must first be aware of your need.

DISCLAIMER – Opinions expressed here or in PMHU3A activities are not necessarily those of PMHU3A or its officers. PMHU3A accepts no responsibility for statements or opinions expressed. PMHU3A offers courses that provide general information for its members. PMHU3A does not warrant that such information is true and correct.