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U3A DOES have talent!

About 70 members turned out for fun and entertainment at our *U3A has Talent!* afternoon. All were impressed with the talent on offer.

We enjoyed a Line Dancing exhibition; Metta's Tai Chi class put on an excellent demo for all of us (some of us learned what Tai Chi is all about); Christine Battisson's two Folk Dancing classes showed us dances from around the globe; Bob English, the storyteller, kept us in stitches; Bob Jeffrey eloquently recited some bush poems – one a very emotional poem; Des & Faye Davis performed a funny scene from "American Dream" by Edward Albee; and last, but not least, Bessie Jennings entertained us with some of her original bush poetry.

We finished the afternoon with a cuppa and a chat. A lovely time was had by all.

More photos on page 7. ■



Tuesday Folk Dancing class in full flight.



Line Dancing exhibition – everyone in step!

NOTICE:

OFFICE HOURS

CLOSED

Monday 20 September
– Monday 4 October 2010

RE-OPENING

Tuesday 5 October 2010

9.30am – 12 noon

Monday – Friday

Phone: 6584-3676

Web site: www.pmhu3a.org.au

Payment of joining fees for new members and Enrolments for continuing courses will be taken from October 5 up to Enrolment Day on October 12.

AGM October 14 2010

The 2010 Annual General Meeting of the PMHU3A will be held on Thursday October 14th. The notice and nomination form are included as a lift-out in the centre of this newsletter. The Management Committee to be elected consists of President, Vice-President, Secretary, Treasurer and six ordinary members. Positions of Course Coordinator, Membership Secretary, Publicity Officer and Chairpersons and members of subcommittees are appointed, often from within the Management Committee. Current subcommittees include Premises, Planning, Convenors, Equipment and Publicity. Members are encouraged to nominate for the Management Committee or volunteer for a subcommittee if they would like to contribute to the administration of the PMHU3A.

The AGM will be followed by an Open Forum for discussion of any issues concerning our U3A and any questions members would like to address to the Committee. Then we will all have an afternoon tea and mingle.

The course brochure for the coming term is included herein. You can enrol for courses in advance in the office or on Enrolment day Tuesday October 12th. Classes begin on Monday October 18th. ■

Membership Renewals 2011

Memberships for 2011 can be paid prior to or on Enrolment Day. Membership fees for 2011 are the same for everyone at \$30 per person. Couples will no longer receive preferential treatment. ■

What's On!

Convenors Conference on Tuesday 28th September 2010 from 9.30 – 12.30, U3A Centre, Warlters Street, Port Macquarie.

Enrolment Day – Term 4 2010

12th October 2010 from 1.30 – 2.30pm, U3A Centre, Warlters Street, Port Macquarie.

Annual General Meeting on the 14th October 2010 from 1.00pm at the U3A Centre, Room 3, followed by an open forum and afternoon tea.

Art/Drawing Demonstration by local Artist, Kim Staples, on 26th October, 1.30 – 3.30 pm in Room 3, U3A Rooms ... Everyone welcome.

Market Day at the U3A Centre on December 11, from 9am till 12 noon. More information to come.

Do some Christmas shopping from local Craft Stalls. All members welcome to come along and enjoy the morning.

Christmas Parties – Any classes wishing to have the use of the U3A Rooms from say 4 – 6pm or 5 – 7pm (end of Term 4) for their Christmas /End of Year Party, please call Delwyn Hatton, Publicity Officer on 6582-1885 to be placed on the Bookings List.

Enrolment Day – Term 1 2011

Tuesday 2nd February 2011 from 1.30-2.30pm, U3A Centre, Warlters Street, Port Macquarie.

Start of Term 1: Monday 7th of February 2011.

For contributions to What's on! if any classes/groups would like to contribute to the "What's On" column in the future, please leave the written information at the U3A office for the Publicity Officer or email to publicityofficer@pmhu3a.org.au

Increase in fees

We prefer not to increase fees at all, however it is financially prudent at this time to increase both course and membership fees for some of the following reasons:

1. The move into Warlters Street has incurred the U3A with around \$9,000 in capital expenses.
2. In total, including Warlters Street, U3A has incurred \$17K in capital expenditure.
3. In addition the U3A incurred an operating loss in financial year ended 30/06/2010 of \$4,600.

The net effect has been that the cash reserves were depleted by \$16,453.

The committee has set fees for 2010/2011 to return a modest surplus for the 2010/2011 financial year.

The discount for couples has been removed so that all members will pay \$30 for their annual U3A membership.

Course Fees are increased to: 1 week \$2; 2 wks \$3; 3 wks \$5; 4 wks \$6; 5 wks \$8; 6 wks \$9; 7 wks \$11; 8 wks \$12

The new course fees take effect for Term 4 2010; the \$30 fee for new memberships and renewals is effective Term 1 2011. If a new member joins in Term 4, their membership will include 2011 as well. ■

All about Water

Roy Sach recently fascinated a large group of U3A members with his 1-day session on "Water". We learned so many things about water that we didn't even know to ask! ■



We have a Library!



Eric Graham has very kindly donated his large collection of history books to our U3A.

During the term break we will have established a library that will be available to our members. A big thank you to Wendy Ogbourne who is so generously donating her time and expertise to catalogue all of the books. ■

PC frustrations!

I know that some classes and convenors have been suffering frustrations with PCs and projectors during the last term. Thanks to the sterling efforts of your committee we now have purchased two new PCs and projectors which will be set up on the work stations that Ray Stace and Warren Scott are constructing at the moment. I do anticipate that these should make convenors' lives much easier and not try your patience so. — Nick ■

Member items for sale

Included on our U3A web site is a link to books and arts & crafts items that Members have for sale. This is how it looks on the web.

Members Sales

"As a service to our members, we offer you the opportunity to advertise your wares on our web site.

This is intended for the sale of materials members have produced by the sweat of their brow. We will not advertise materials that you buy to sell on.

Please note that we will not accept orders for your wares. The PMHU3A office will hold one item for display and potential customers will be directed to contact you, the seller, via our web site.

If you would like us to include something that you want to sell on our web site, please send us a message. Describe what you would like to sell and, if appropriate, we will contact you for further information. We reserve the right to reject items that we judge as unsuitable or controversial in any way." ■

Course notes on web

Some of your convenors have begun preparing copies of their presentations and photographs that will be available on our web site. Some of you will be aware of this as Matthew Wallace, Des Davis and Eric Graham have been serving as 'guinea pigs' during development of the notes. The possibilities will be explained to convenors at the workshop scheduled for the end of September.

During the last term of 2010 we will explain how to access these notes and even perhaps add your own contributions. ■



Bloody Discrimination

I thought I'd like to learn to write
Short stories or poems, so I thought I might
Improve my scope, broaden my vision
And go and get professional tuition.

A great idea, a friend did say,
I've heard of a group called the U3A
So I showed at the door to book myself in
And as the door opened I flashed a broad grin.

'Tis I, fellow scribe, who on your door knock,'
I proudly announced, 'Join me up in your flock.'
The lady stood there and said, 'How old are you?'
Beaming, I answered, 'A fine thirty-two!'

She glared and said, 'Go away young upstart.
At forty* our club will take you to heart.'
As she slammed the door on my literary dream,
'That's bloody discrimination,' I screamed.

'I'll take you to court, and I'll sue you too.
I'll get in your club, be it the last thing I do!'
Then mad as a snake, I left to go home,
Plotting and scheming to fully atone.

I could have searched for another scribe's club,
But at stake was a principle, hurtful it rubbed.
I sought legal advice but all they could say
Was: 'We are all members of the U3A.'

I had a few beers as the future I feared,
And went back to the club in a fake white beard.
And a walking stick and an old-fashioned vest,
With a hundred war medals pinned to my chest.

I knocked at their door with a slow, drawn-out rap
Saying, 'Hey, let me in, I'm an elderly chap.
'Good try,' someone called, 'you plucky young jerk,
It's been done before but it still didn't work.'

'Come on, you old buggers; let me come in!
'Not by the hairs of our mature-aged chins.'
So that was it! I'd taken enough.
I picked up a brick and I hurled in a huff.

It broke the front window. I heard hostile shouts
As the whole U3A came piling out,
Waving their walking sticks, cussing and shouting,
They knocked me down and gave me a belting.

They flogged me and kicked me and shouted abuse,
You filthy young upstart,' then they made up a noose,
And dragged me behind some bloke's walking frame
As the exclusive old members beat me with canes.

So here in the hospital now I do lay
With the scars that were left by the U3A.
They say by the time I can walk again,
Forty* I'll be and I can join up then.

This ode is not totally true I must say,
But I told you I'd fix you up, U3A.
For excluding us young folk out of your midst
And upon you I curse this poem that I writ!

— by Neil Mc Arthur

*Read 'fifty'.

(contributed by Frank & Bessie Jennings)

From our members...

Thank you to U3A Tai Chi

Many thanks to all our U3A Tai Chi enthusiasts for your feedback, interest and endurance, during our 8 weeks of Term III. More than once my heart was touched by the vision of the pure beauty of your Tai Chi form! For what my eyes witnessed, was our group tuned in, vital, young, moving in unison, with minds totally focused on the meditation in movement.

C U. at Yoga next term. — Metta
Sw. Metta-Mata Aranya

U3A is the best thing!

"U3A is the best thing that ever happened to Port Macquarie." — Maxine Taylor

Maxine says she has made some fabulous friendships here and it has changed her life.

(contributed by Bessie Jennings)

A big "thank you"

A big thank you to Sue Clifford for her professionalism and creative ability in transforming our U3A Newsletter into a very readable document.

— Ursula Bruce

From one of our newer members

I was introduced to your courses by a friend and this term I have attended Transactional Analysis and the Levels of Consciousness. How amazing these were and how inspirational our dedicated course teachers...I will be first to enrol if available next term!

I now apply all I have learnt into the dynamics of my personal and daily interactions with family and friends and honestly wonder how I got to be 70 without all this information previously. The sharing and input from the other attendees is enlightening, emotional and a wonderful learning curve, so I will be eternally grateful to my friend and a big THANK YOU to all at U3A!

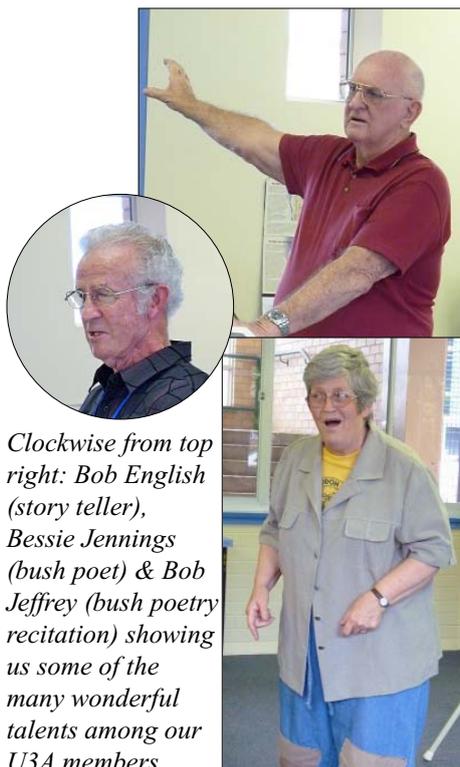
— Marji Williams (never too old to learn!)

U3A — a "real lift"

When Marjorie Garlick, a sight and hearing impaired lady, left Port Macquarie recently to live with her daughter in Canberra, she asked her carer to ring me to express her appreciation for the incentive U3A had given her in recent years to keep her mind active.

The carer added that Marj could not have continued living in the retirement village as long as she did if it wasn't for her involvement with our U3A courses.

These comments gave me, as a tutor, a real lift. — Frank Jennings



Clockwise from top right: Bob English (story teller), Bessie Jennings (bush poet) & Bob Jeffrey (bush poetry recitation) showing us some of the many wonderful talents among our U3A members.



Metta and her Tai Chi class demonstration.



Monday Folk Dancing class.

Theatre Group Expressions of Interest

We are looking for Expressions of Interest in formation of a theatre group.

Objective: Regular attendance to Players Theatre productions. Follow-up morning tea and discussion on theatre related topics.

Please contact course convenor Joan Lane on 6583-4806 or Ursula Bruce on 6583-8030.



Reminder

Don't forget to drop your 50¢ into the tin for morning or afternoon tea.

BYRNES & COX

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NEXT ENROLMENT DAY – Tuesday the 12th of October 2010, 1.30 – 2.30pm at the U3A Centre, Warlters Street, Port Macquarie.

LATE ENROLMENT up to 3 weeks after the start of a course are welcome in many courses. You **MUST** contact the Course Convenor first to ascertain if additional members are being accepted.

For late enrolment, you pay only for the rest of the term. Pay at the office or post your remittance to the Treasurer with a covering note and initial the attendance form to show you have paid. If less than \$5 is owed, postage stamps will be accepted as payment. Names cannot be entered on the Attendance Sheet unless

accommodation fees have been paid. Money **CANNOT** be paid to the Course Convenor during the term.

NAME BADGES – ALWAYS wear your name badge when attending classes and U3A activities. Write your emergency contact details on the back of your badge.

CHANGE OF ADDRESS OR EMAIL – Please inform the Office on 6584 3676 if you move house or change your email address.

NEWSLETTER contributions are welcome – We reserve the right to edit material submitted for publication. Copyright of original material remains with the author.

PHOTOGRAPHS AND PRIVACY

– If you have an objection to having your photograph or name in the on-line gallery or in our Newsletter, please write to the Secretary and make this fact known. We will always respect your privacy but must first be aware of your need.

DISCLAIMER – Opinions expressed here or in PMHU3A activities are not necessarily those of PMHU3A or its officers. PMHU3A accepts no responsibility for statements or opinions expressed. PMHU3A offers courses that provide general information for its members. PMHU3A does not warrant that such information is true and correct.